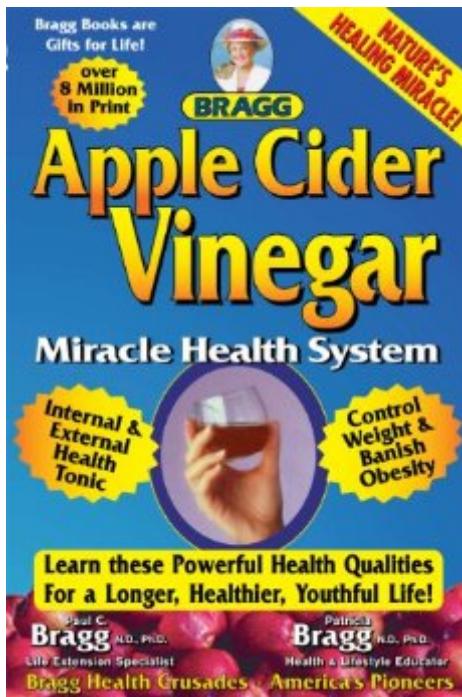


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# Apple Cider Vinegar Miracle Health System



## **Synopsis**

How to Use The Powerful Health Qualities of Natural Apple Cider VinegarResearch worldwide supports and commends what Hippocrates (the father of medicine) found and treated his patients with in 400 B.C. He discovered that natural, undistilled Apple Cider Vinegar (or ACV)\* is a powerful cleansing and healing elixir, "a naturally occurring antibiotic and antiseptic that fights germs and bacteria" for a healthier, stronger, longer life!The versatility of ACV as a powerful body cleansing agent is legendary.The use of Bragg Organic Apple Cider Vinegar is a wonderful health aid, and the #1 food I recommend in helping to maintain the body's vital acid-alkine balance. Everyone should read the Bragg Apple Cider Vinegar book. â “ Gabriel Cousens, M.D., Author of Conscious Eating and Spiritual Nutrition.

## **Book Information**

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## **Customer Reviews**

This book is so amazing, I don't know where to begin. Organic apple cider vinegar is made from apples, and I do personally know how healthy apples are. This organic apple cider vinegar that has the mother enzyme in it is healthy because it is made from apples and still has the enzyme. Regular apple cider vinegar does not still have the enzyme, is filtered, distilled, etc, so that it is not as

healthy as organic apple cider vinegar with the mother enzyme, and white vinegar is not even made out of apples (no health benefits). It is truly amazing how healthy organic apple cider vinegar with the mother enzyme is. I could sing the praises all day. This book is a very positive book, and it is obvious that the Bragg family are Godly people. In a very negative and broken-down world, why wouldn't a person want to be positive, live a positive lifestyle, (physically, mentally, emotionally) and be a winner. This book gives helpful information about what organic apple cider vinegar with the mother enzyme can do, and how healthy it is, etc. For example, it tells what to do before a sunburn, and if you already have a sunburn, it tells what to do after the sunburn. It also talks about how organic apple cider vinegar helps to fight off diseases and unhealthy conditions, and to prevent diseases and unhealthiness before they start. It helps with a lot of diseases and conditions, including high blood pressure, diabetes, cancer, etc. I think this book could really help someone who is sickly. And could also help healthy people to stay healthy. This book talks about living healthy, and that if we drink organic natural apple cider vinegar, along with eating fresh fruits and vegetables, and exercising properly, we should live to 120, as Genesis says.

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